### Volunteer Research, Knowledge, Competency (VRKC)

Taxonomy for 4-H Youth Development

4-H National Headquarters
Volunteers for the Next Generation



### What is Youth Development?

Youth Development is an ongoing process through which young people attempt to meet their needs and develop the competencies they perceive as necessary for survival and transition into adulthood.



### What is Positive Youth Development?

- The process that incorporates social, emotional, cognitive, physical and moral development of youth to meet the challenges of adolescences with the outcome of becoming competent, caring, contributing adults.
- It occurs from an intentional process that promotes positive outcomes for young people by providing opportunities, choices, relationships, and support.
- The impact affects the young person, families and communities.

### How is Positive Youth Development Accomplished?

Adults do this by providing environments for youth that are safe and nurturing and by offering experiences that help young people develop skills needed for adulthood.



# Creating a Positive Youth Development Environment

- Think about a 4-H experience
- Write or draw how that environment is positive
  - What makes the environment safe and nurturing?
  - What opportunities and choices are there for youth?
  - How are youth getting their needs met?
  - What relationships and support is there from adults or other youth that help develop skills needed for adulthood?

## Positive Youth Development: Overview



### Thank You

Developed by René L. Mehlberg, Associate Professor University of Wisconsin-Extension

#### **VRKC**:

Volunteer Research Knowledge Competency Taxonomy



