

Essential Elements of Positive Youth Development

Independence HEAD	Belonging HEALTH	Generosity HEART	Mastery HANDS

Resources

University of Illinois Extension. (2010) *Essential Elements Fact Sheets*. Retrieved from <http://web.extension.illinois.edu/state4h/volunteers/pyd.cfm>

University of Minnesota Extension. (2015). *Keys to Quality Youth Development*. Retrieved from <http://www.extension.umn.edu/youth/research/keys-to-quality-youth-development/>

Essential Elements of 4-H Youth Development Programs: Key Ingredients for Program Success. (2009). *National 4-H Council*.

Purdue University Extension. (2015) *Essential Elements of 4-H Youth Development, Fact Sheet*. Retrieved from <http://www.four-h.purdue.edu/ncrvf/documents/EssentialElementsof4-HYouthDevelopmentFactSheet.pdf>

Source: Carissa Akpore, Extension Educator, University of Illinois Extension, 4-H Youth Development, (2015).



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