

**What's 4-H?** 4-H is a youth program for youth grades 3-12. Iowa 4-H is a part of Iowa State University Extension and Outreach. The ISU Extension Clay County office manages Clay County 4-H programming.

Who can be in 4-H? 4-H is for youth grades 4-12. In Clay County, 3rd graders can also enroll & are called participation members.

When Can I Join? Clay County's 4-H year runs January through December. You can join any time during the year. For the \$35 membership fee, you get a full year of activities! Thank you to our membership sponsor, Max Yield Cooperative.

HOW DO I Join? You can join at 4honline.com or contact us at the ISU Extension Clay County Office for assistance. Contact information is below.

**Then.....We'll have a new member meeting February 27th at** 6:00pm in the Spencer Schools Administration Building to answer any questions. We will also let you know when things are happening by email and mail, and on our Facebook page.

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The fees for service will be used to off-set direct expenses and to support the 4-H Youth Development County Extension Program.



ISU Extension Clay County 110 West 4th Street Suite 100 Spencer IA, 51301 (712) 262-2264 www.extension.iastate.edu/clay\_xclay@iastate.edu

# 2 Pick Project Areas

**Project areas are subjects that you're interested in. You can pick several in 4-**H online. That way, your leaders and the staff will know what you like.

ANIMALS	AGRICULTURE &	PERSONAL DEVELOPMEN
BEEF   Here's the beef! Pick out a calf, then feed it, groom it and watch it grow.	NATURAL RESOURCES  GROP PRODUCTION   Get your hands	CITIZENSHIP   Make the world a better place, starting with your little corner of it.
□ DAIRY CATTLE   Got milk? Take good care of your cows and make your own milk, cheese and ice cream.	dirtyl Find out all about soil, bugs, beetles and other stuff, and how they affect the crops we grow.	COMMUNICATION   Sing it, dance it, speak it, text it.
☐ DAIRY GOATS   Got GDAT milk? Take good care of your deiry goats and you'll be	☐ ENVIRONMENT & SUSTAINABILITY   Go Green! Discover how choices you make	<ul> <li>LEADERSHIP   Make the best better!</li> <li>Leadership is building relationships, being a good role model, and helping others.</li> </ul>
rewarded with milk and cheese.	every day affect your whole world forever.	SELF DETERMINED   Blaze your own trail
<ul> <li>DOGS [There's no better friend than a dog. Learn to feed and care for your furry friend, and teach it some new tricks.</li> </ul>	☐ HORTICULTURE   Plant it, dig it, grow it, show it.	with a Self Determined project. Set your own limits by choosing your pession,
	☐ OUTDOOR ADVENTURES   There a more	finding your information, and sharing what you learned.
☐ HORSE & PONY   Giddy-up! Jump in the saddle and run wild with a Horse &	to outdoor adventures than marshmallows! Go backpacking, hike a trail, build a	
Pony project. You don't even need your	campfire, ride a bike, or reel in the big one.	SCIENCE, ENGINEERING,
own horse!	□ SAFETY & EDUCATION IN SHOOTING	& TECHNOLOGY
<ul> <li>MEAT GOATS   Select, feed, and care for your own goats.</li> </ul>	SPORTS   Hit your target with a bow, rifle, or shotgun.	MECHANICS   Love it when things work the way they're supposed to? Restore dad's
<ul> <li>PETS   Is your pet a Hamster, a Hodgehog,</li> </ul>		muscle car, bring grandpa's 4020 back to
or a Himelayan cat? Maybe it's not one of the four H's, but it still needs food, water.	FAMILY &	File, keep your clunker running, or light up
shelter, and love.	CONSUMER SCIENCES	your life with electricity.
POULTRY   Don't chicken out. Start a	CHILD DEVELOPMENT   Taking care of	<ul> <li>WOODWORKING   Build something fun with wood: birdhouse, treehouse, swingset.</li> </ul>
Poultry project to learn how to care for	children is more than bottles and blankies. Find out how children grow, and how	table. The possibilities are really endless.
cheepers, peepers, quackers and gobblers.	you can be the BEST babysitter.	☐ SCIENCE, ENGINEERING, & TECHNOLOGY
<ul> <li>RABBIT   Hop on over to the Rubbit project and find out about raising bunnies.</li> </ul>	CLOTHING   Now you're stylin! Put it on	Challenge your mind by exploring the world around you with hands-on science
SHEEP   Lead the flock in the Sheep	and make a statement about who you are.	and math experiments. The sky's the limit.
project by choosing, feeding, and caring	CONSUMER MANAGEMENT   Learn how to be smart with your money so you can	AEROSPACE
for your own breeding or market sheep.	get the things you want.	<ul> <li>BIOLOGICAL &amp; CHEMICAL SCIENCES</li> <li>COMPUTERS &amp; NETWORKING</li> </ul>
SWINE   Go whole hog! Find out where a park chop on a stick comes from while you	FOOD & NUTRITION   Are you a carrot or	DIGITAL STORYTELLING
discose, feed, and care for your own pigs.	a cupcake? Find out why it's true that "you	• EARTH & CLIMATE
☐ VETERINARY SCIENCE   Learn	are what you eat."	GEOSPATIAL MAPPING (GPS/GIS)     POSCOTICE
everything you need to know about	HEALTH   Learn how to take care of yourself and others by learning first aid	ROBOTICS     SCIENCE IN OUR EVERYDAY LIVES
keeping enimals healthy, and maybe find	and how to make healthy choices.	The state of the s



CREATIVE ARTS

your computer.

even if it's just in the shower.

MUSIC | Write a song, join a band, play an

 PHOTOGRAPHY | Plan a shot, frame a picture, create a video, and jazz it up on

 VISUAL ART | Make a mesterpiece with paint, chalk, clay, metal, wood... the possibilities are enclass.

instrument or try out for American Idol...

4-H has resources for all project areas. Check out the Iowa 4-H website for project area information and "hot sheets" which include ideas, information, activities and project ideas for each.

HOME IMPROVEMENT | Room makeover!
 Discover simple and inexpensive ways to

make your space say, "this is who I am."

pillowceses, horse blankets, or anything

SEWING | Stitch This! Make clothes,

else you can sew.

# 3 Choose a Club

4-H Clubs usually meet once a month. You can choose a club based on your project area interest, where you live, what club your 4-H friends are in, or who the club leaders are. Your club choice will be listed in the 4-H Online Enrollment program & your club leaders will give you information on when and were your club meetings will be, & special events they'll have planned for the year.

Meadow Motivators Promotes all project areas. Field trips & special speakers. LED BY: Justin Spieker, Teresa Loerts MEET IN: Thursdays in Spencer

Clay Raiders Large club, focuses on citizenship, fun & education. Annual events like bowling night & picnics.

LED BY: Linda Swanson, Vicki Nehring, Susan Christensen

MEET IN: Royal

Garfield Go-Getters A mid-size club with varied interests

LED BY: Carolyn Gibson, Mary Smith, Lisa

Raner

MEET IN: Webb/Sioux Rapids Area

Peterson Livewires Small Club with community service focus & all other project areas.

LED BY: Becky Orwig

MEET IN: Sioux Rapids or Linn Grove

Logan Leaders Diverse club with

focus on all project areas. LED BY: Paul Salton

MEET IN: 2nd Sunday near Dickens

Kidnetic Energy Junior Lego League club for grades K-3. Focus on robotics, Lego League & teamwork.

LED BY: Mike & Jill Barr, Phil Dalager

MEET IN: Spencer

Linn Grove Herdsmen A mid-size club with a sheep & mentorship focus.

LED BY: Neil Krummen MEET IN: near Linn Grove

Clay County Countrymen A midsize club that focuses on fair projects & community service.

LED BY: Denice Schoelerman, Mary VerMulm

MEET IN: First Mondays in Everly

Sioux Valley Feeders A midsize club with members in livestock, food, & communications.

LED BY: Beth Ripke, Karla Ahrendsen MEET IN: 1st Saturday in Spencer

Sioux Achievers Wide variety of project areas including citizenship.

LED BY: Brian & Kristi Fisher, Peggy

Halverson

MEET IN: 1st Sundays in Spencer

Spencer Sparks Young, small club with varied interests.

LED BY: Anissa Jepsen, Bonnie Dalager,

Nancy Hoffman MEET IN: Spencer



## Choose a Club

Conquistadors Learning health, safety

& enjoyment of horses. LED BY: **Jamie O'Hearn** 

MEET IN: 2nd Sundays (winter), every

Monday (summer)

Lincoln Lions A mid-size club that

explores a variety of interests.

LED BY: Justin Ball, Lisa Schomaker MEET IN: Sundays near Spencer

Spencer Inventors Focus on robotics and Lego league teamwork.

LED BY: Ryan & Amanda Bare, Trudy Hallgren

MEET IN: Mondays in Spencer

Sharp Shooters (SESS) Teaches youth to be proficient in firearms & archery in a safe & fun environment.

LED BY: Scott Grote, John Frans, Shane Jepsen, Jim Knutsen, Dave Miller

MEET IN: Saturdays near Spencer

Meadow Busy Bees Diverse large club with static & communications focus. LED BY: Julie Schwarck, Kristin Schwenneker, Tricia Gee, Cheryl Ahern, Tammi Dickman

MEET IN: 1st Saturdays near Spencer

Independent Member Joining for a SpIn (Special Interest) Event or have an adult mentor? Be an independent member.

LED BY: Clay County Staff MEET IN: No Meetings



We are always interested in recruiting new volunteers who are interested in working with youth. Leading workshops, chaperoning events, helping a club leader, or sharing education on a topic you care about.

# Start Your Adventure

Browse through the rest of this catalog and see what Clay County 4-H already has planned for this year! You can pick and choose what you want to be involved with, and make 4-H fit the things that you really like to do. If you have any questions, call the staff at 262-2264.

#### New Member Meeting

Come join the 4-H staff along with your parents or other adult to learn about being a first year 4-H member. Fun and informal meeting, bring your questions! We'll pass out new member materials.

TIME: February 27th, 6:00pm

PLACE: Spencer Schools Administration Building

REGISTRATION: FREE for all youth and parents. RSVP to 262-2264 by February 20th.

#### Regional Horse Clinics (4-H Lakes Region Equine Educators)

April & May events are TBD. All events are for 4th-12th grade.

Helmet Cover Workshop

TIME: January 12th, 1:30pm-4:30pm

PLACE: Palo Alto County Ext Office

REGISTRATION: TBD

Horsemanship TIME: June 2nd, TBD

PLACE: Clay County Fairgrounds

REGISTRATION: TBD

Showmanship

TIME: July 1st, TBD

PLACE: Emmet County Fairgrounds

REGISTRATION: TBD

#### Regional Beef Bonanza (ISUEO, ILCC)

Hands-on activities for beef projects, halter breaking class. Fulfills FSQA certification for 1 year.

TIME: January 18th, 10:00am-4:15pm

PLACE: ILCC Campus, Emmetsburg (begin in cafeteria) REGISTRATION: \$5.00 (\$10.00 maximum per family)

AGE RANGE: 4th-12th grade, accompanying adult(s) welcome free of charge

FOOD: Meal Provided MIN/MAX CLASS SIZE:

#### Canine Good Citizen (Kathy Launderville, Clay County 4-H Dog Committee)

Bring your dog to be trained as a well-behaved companion in public spaces & to be welcomed into nursing homes, schools, libraries & other public places. A possible community service project.

TIME: Mondays, February 17-April 27 6:30-7:30pm PLACE: Southpark Mall (old Fashion Bug location)

REGISTRATION: FREE for 4-H Members with 1 year Dog Obedience experience

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 6-10

#### Bunny Bonanza (Clay County 4-H Rabbit Committee)

Would you like help starting your rabbit project? Bring your bunny to the Bunny Bonanza & build a carrier, work on showmanship, tattoo your bunny or learn about grooming.

TIME: April 12th, 10:00am-12:00pm PLACE: Clay County Extension Office

REGISTRATION: FREE for 4-H Members (carrier fees TBA)

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE:

#### Get Your Goat On (Clay County 4-H Meat Goat Committee)

This is a great clinic for any member who has meat goats or is interested in learning more about starting in the meat goat project area. Learn about showmanship, trimming, clipping and feeding.

TIME: April 5th, 1:00pm-3:00pm

PLACE: Livestock Pavilion, Clay County Fairgrounds

REGISTRATION: FREE for all youth, please RSVP by March 31st

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE:

#### New Member Dog Project Meeting (Clay County 4-H Dog Committee)

Are you interested in the dog project area? Want to learn more about obedience & have fun with your dog? Join the Dog Committee & older 4-Hers to learn all about the dog project area & what is needed for summer classes. There will be demonstrations for obedience, rally & agility.

TIME: May 4th, 4:00pm-6:00pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE for 4-H Members

AGE RANGE: 3rd-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE:

#### Regional Livestock Clinic (Area 4-H Project Leaders)

Attend specie specific sessions to learn grooming & general animal care.

TIME: May 29th, 5:00pm-9:00pm PLACE: Sioux County Fairgrounds

REGISTRATION: TBD
AGE RANGE: 4th-12th grade

FOOD: Provided
MIN/MAX CLASS SIZE:

#### Swine Nutrition (Clay County 4-H Swine Committee)

Learn proper care & nutrition for swine project area. Held in conjunction with swine weigh in.

TIME: June 2nd, 3:30pm-8:00pm

PLACE: Livestock Pavilion, Clay County Fairgrounds

REGISTRATION: FREE for 4-H Members

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE:

#### Dog Obedience Practice (Clay County 4-H Dog Committee)

Work with the Dog Committee to learn proper dog handling & showmanship techniques, rally, obedience & agility training. Must be enrolled in the dog project area & have proper documents on file.

TIME: Mondays & Thursdays, June-August. 4:30pm (beginners) & 5:30pm (advanced)

PLACE: North of old Morton Building, Clay County Fairgrounds

REGISTRATION: FREE for 4-H Members

AGE RANGE: 4th-12th grade

FOOD: No Meals

MIN/MAX CLASS SIZE: None

#### Sheep Nutrition (Clay County 4-H Sheep Committee)

Learn proper care & nutrition for sheep. Held in conjunction with sheep weigh in.

TIME: June 5th, 9:00am-12:00pm

PLACE: Livestock Pavilion, Clay County Fairgrounds

REGISTRATION: FREE for 4-H Members

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: None

#### Bunny Basics: Jr/Sr Rabbit Tattoo Clinic

(Clay County 4-H Rabbit Committee)

4-H Rabbit Project members can bring your Jr/Sr rabbits that need to be tattooed & learn about feeding, showing & caring for your bunnies.

TIME: June 24th, 6:30pm-8:00pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds
REGISTRATION: FREE for Rabbit Project Area 4-H Members

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: None

#### Take a Bow-Wow! (Clay County 4-H Dog Committee)

Learn tricks & play obedience games with your dog this summer. Taught by dog project area youth & adult mentors. There will be a showcase opportunity at Achievement Fair on July 22nd.

TIME: June 24th & 30th, July 7th & 14th. 5:30pm-6:00pm PLACE: North of old Morton Building, Clay County Fairgrounds REGISTRATION: FREE for 4-H participation members

AGE RANGE: 3rd grade

FOOD: No Meal

MIN/MAX CLASS SIZE: None

#### Hot "Dog" Night (Clay County 4-H Dog Committee)

Join the Dog Project Area volunteers at a hot dog picnic to celebrate your hard summer work!

TIME: August 28th, immediately following final obedience practice

PLACE: Clay County Fairgrounds

REGISTRATION: FREE for Dog Obedience participants

AGE RANGE: 3rd-12th grade

FOOD: Provided
MIN/MAX CLASS SIZE:

#### Explorations in Vet Science (ISUEO Summer Educator)

This is for first year vet science participants. Explore animal behavior, learn the basics of animal anatomy & physiology, vet science career discussion with a local vet & more.

TIME: July 28th, 9:00am-3:30pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE for 4-H members, \$30 for non-members

AGE RANGE: 4th-7th grade

FOOD: Provided

MIN/MAX CLASS SIZE: 8-20

#### Advanced Vet Science (ISUEO Summer Educator)

Builds off prior knowledge & experiences in vet science, explore animal body systems & animal health through hands on learning. Also tour a veterinary clinic.

TIME: July 29th-30th, 9:00am-3:30pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE for 4-H members, \$50 for non-members

AGE RANGE: 5th-8th grade

**FOOD:** Provided

MIN/MAX CLASS SIZE: 6-15

#### Bunny Luck Pre-Fair Cookout (Clay County 4-H Rabbit Committee)

Come & get acquainted with your fellow bunny exhibitors, learn about exhibiting at the fair, get any tattoo touch ups. Food & drink provided.

TIME: August 17th, 5:30pm-7:00pm PLACE: Clay County Fairgrounds

REGISTRATION: FREE for Rabbit Project Area members & families, please RSVP by August 11th

AGE RANGE: 4th-12th grade & families

FOOD: Provided

MIN/MAX CLASS SIZE:

# SpIn: Livestock

#### State Sheep/Meat Goat Weigh In (Clay County 4-H Committees)

Current sheep/meat goat project area members weigh/tag animals for the lowa State Fair.

TIME: May 3rd, 10:00am-12:00pm

PLACE: Livestock Pavilion, Clay County Fairgrounds

REGISTRATION: \$5.00 for retinol image/tag, RSVP by calling 262-2264

AGE RANGE: 4th-12th grade

#### County Swine Weigh In (Clay County 4-H Swine Committee)

Current swine project area members weigh/tag animals for the Clay County Fair & AK-SAR-BEN.

TIME: June 2nd, 3:30pm-8:00pm

PLACE: Livestock Pavilion, Clay County Fairgrounds

REGISTRATION: FREE to swine project members, RSVP by calling 262-2264

AGE RANGE: 4th-12th grade

#### County Sheep Weigh In (Clay County 4-H Sheep Committee)

Current sheep project area members weigh/tag animals for the Clay County Fair & AKSARBEN.

TIME: June 5th, 9:00am-12:00pm

PLACE: Livestock Pavilion, Clay County Fairgrounds

REGISTRATION: FREE for sheep project members, RSVP by calling 262-2264

AGE RANGE: 4th-12th grade

#### Meat Goat Weigh In (Clay County 4-H Meat Goat Committee)

Current meat goat project area members weigh/tag animals for the Clay County Fair & AKSARBEN.

TIME: June 5th, 5:00pm-8:00pm

PLACE: Livestock Pavilion, Clay County Fairgrounds

REGISTRATION: FREE for meat goat project members, RSVP by calling 262-2264

AGE RANGE: 4th-12th grade

#### FSQA (4-H Program Staff, Required)

All 4-Hers with rabbit, meat goats, sheep, swine, beef or poultry must attend or test out. Other regional dates are available—call the Extension Office for more information.

TIME/PLACE: April 27th 4:00pm-6:00pm—Royal Community Building

June 9th 6:00pm-8:00pm—4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE for 4-H members, RSVP 1 week prior to date

AGE RANGE: 4th-12th grade

# SpIn: Creative Arts

#### Jewelry Making 101 (Carrie Nelson)

Learn about different gemstones & create your own jewelry.

TIME: February 20th, 4:00pm-5:30pm PLACE: Clay County Extension Office

REGISTRATION: FREE for 4-H members, \$10 for non-members

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 4-10

#### Bogenrief Glass Sculpture (Jesse Bogenrief—Bogenrief Studio)

Create your own glass sculpture. Bogenrief professionals will explain & help with the process.

TIME: March 25th, 4:00pm-6:00pm. April 17th or April 30th, 1:00pm-3:00pm (please choose one)

PLACE: Bogenrief Studio

REGISTRATION: FREE for 4-H members, \$25 for non-members

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 4-6

#### Picture This (Chris Baker, F8 Focus & Lisa Bailey, Bailey Web Design)

Learn how to operate your camera & take amazing pictures. You will receive feedback from photography professionals & also learn to edit your photos.

TIME: June 9th-11th, 1:00pm-3:00pm PLACE: Clay County Extension Office



# Spln: Ag & Natural Resources

#### Winter Outdoor Adventures (Stacie Young, Clay County Naturalist)

Join us for winter adventures: snowshoeing at Oneota Park & ice fishing at Scharnberg Park!

TIME: February 8th & 22nd, 1:00pm-3:00pm PLACE: Oneota Park, Scharnberg Park

REGISTRATION: FREE to 4-H members, \$10 for non-members

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 4-12

#### #Feedthe9 (Clay Central Everly FFA)

Learn how you can help create solutions for feeding 9 billion people by 2050. Work on an interactive hunger map, package meals for a backpack program, hands-on activities. Keynote speakers: BJ Brugman, Elanco Animal Health & Bill Northey, Iowa Secretary of Agriculture.

TIME: February 17th, 4:00pm-7:00pm PLACE: Clay County Regional Events Center

REGISTRATION: FREE for all youth, RSVP by February 10th

AGE RANGE: 7th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE:

#### Farm Frenzy (Clay County Extension & CC-E FFA)

Farms can be a cool place to live, work or hang out, but during spring & fall they become a frenzy of activity. Learn how to stay safe during the frenzy. Experts will lead hands on activities in ATV, tractor & road safety.

TIME: April 12th, 8:00am-12:00pm PLACE: Hap Ketelsen, Everly REGISTRATION: FREE to all youth

AGE RANGE: 6th-8th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 4-12



# Spln: Ag & Natural Resources

#### We're Bloomin' Like Crazy! (Del's Garden Center)

Learn from the experts at Del's about growing plants & vegetables, receive tips on vegetable judging.

TIME: TBD, Early Spring
PLACE: **Del's Garden Center**REGISTRATION: FREE for all youth
AGE RANGE: 3rd-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 6-12

#### Nature & Wildlife (Clay County Conservation)

Tour Clay County nature hotspots with Clay County Naturalist, Stacie Young. Investigate natural habitats of insects, birds & other wildlife.

TIME: June 19th, June 26th, July 3rd, 10:00am-12:00pm

PLACE: Clay County Parks & Lakes REGISTRATION: FREE for all youth

AGE RANGE: K-6th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 6-12

#### Sharp Shooters Club Kick Off (4-H Sharp Shooters Club Leaders)

Learn about the Sharp Shooters (SESS) 4-H Club, talk with leaders & explore shooting & archery sport options. Parent or guardian must attend with youth & complete enrollment paperwork.

TIME: February 8th, 1:00pm-2:00pm (New Member Info), 2:00pm-4:00pm (Air gun/Archery Practice)

PLACE: Grace United Methodist Church, Use South Door

REGISTRATION: FREE for all youth to attend, \$30 fee to join (plus 4-H Enrollment) Please RSVP to

the office at 712-262-2264 by February 1.

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE:

#### Let Wind Energy Blow You Away! (Jason Holt)

Have you wondered where your electricity comes from? Join us for this event & have hands-on opportunities to develop, experiment & test windmills & generators.

TIME: June 30th, July 1st-2nd 9:00am-3:30pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE for 4-H members, \$50 for non-members

AGE RANGE: 6th-12th grade FOOD: Please bring a sack lunch MIN/MAX CLASS SIZE: 6-12

# Spln: Family & Consumer Sciences

#### Raiders of the "Lost Arts" Series—Sewing

(Spencer Sewing Machine Company)

Partner with a parent or mentor & learn one of the "lost arts". Sew an eternity scarf. Patterns & materials are supplied.

TIME: March 18th, 4:00pm-6:00pm PLACE: Clay County Extension Office

REGISTRATION: FREE for 4-H members, \$5 for non-members

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 4-12

#### Raiders of the "Lost Arts" Series—Cross Stitching

(Shantel Van Gelder)

Partner with a parent or mentor & learn one of the "lost arts". Cross stitch a fun design. Patterns & materials are supplied.

TIME: April 8th, 4:00pm-6:00pm PLACE: Clay County Extension Office

REGISTRATION: FREE for 4-H members, \$10 for non-members

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 4-12

#### Raiders of the "Lost Arts" Series—Sewing

(Spencer Sewing Machine Company)

Partner with a parent or mentor & learn one of the "lost arts". Create your own hot dog pillowcase.

Patterns & materials are supplied.

TIME: May 6th, 4:00pm-6:00pm PLACE: Clay County Extension Office

REGISTRATION: FREE for 4-H members, \$10 for non-members

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 4-12

# Spin: Family & Consumer Sciences

#### Hey, What's Cookin'? Series—Healthy Snacks

(Chef Susanne—Hv-vVe)

Tour Hy-Vee's kitchen & learn to prepare healthy snacks & meals.

TIME: May 8th, 4:00pm-5:30pm PLACE: Spencer Hy-Vee

REGISTRATION: FREE for 4-H members. \$10 for non-members

AGE RANGE: 3rd grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 8-15

#### Hey, What's Cookin'? Series—Cooking with Chef Brian

(Executive Chef Brian—Clay County Regional Events Center)) Learn creative cooking techniques & skills that you can use at home.

TIME: June 25th, 1:00pm-4:00pm

PLACE: Clay County Regional Events Center

REGISTRATION: FREE for 4-H members. \$30 for non-members

AGE RANGE: 6th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 6-12

#### Hey, What's Cookin'? Series—Cookie Mania/Food Chemistry

(Katie Knobbe & Joni Click)

Learn the functions of common baking ingredients while baking your favorite cookies.

TIME: April 22nd, 4:00pm-6:00pm PLACE: Grace United Methodist Church

REGISTRATION: FREE for 4-H members. \$10 for non-members

AGE RANGE: 4th-8th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 6-12

#### Garage Sale Pickers (Candace Daniels, Clay County 4-H Static Committee) Test your money management skills & join in a bit of friendly competition during the "garage sale"

hunt! Bring at least \$15 & at least 1 mentor or parents. Prizes will be given!

TIME: May 2nd, 4:00pm-5:00pm. May 3rd, 7:45am-11:00am

PLACE: Clay County Extension Office REGISTRATION: FREE for all youth

AGE RANGE: 3rd-12th grade & parents or mentors

FOOD: No Meal

MIN/MAX CLASS SIZE: 4-15

# SpIn: Communication

#### Comedy Improv (Evan Hilsabeck-Spencer Community Theatre)

Explore how to make great comedy improve by learning the set of rules comedians use. No experience required & if you attended last year you can build off what you learned at that time.

TIME: May 5th, 12th, & 19th, 5:30pm-7:00pm

PLACE: Spencer Community Theatre

REGISTRATION: FREE for 4-H members, \$15 for non-members

AGE RANGE: 4th-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 6-12

#### Exploration Spencer (City of Spencer)

Learn how the different departments of the city function. Each department will host interactive days exploring public works, culture & recreation, administration & public safety (police & fire).

TIME: July 14th-July17th, 8:30am-12:00pm PLACE: Meet at various locations in Spencer

REGISTRATION: FREE for all youth

AGE RANGE: 6th-8th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 10-15

#### Tips for Saying It Just Right

(Evan Hilsabeck-Spencer Community Theatre, Brent Burns-Sylvan Learning Center) Practice your presentations in preparation for Communications Fair. This will be an opportunity to fine tune your communication skills, learn new communication skills & get feedback!

TIME: July 17th, 6:00pm-8:00pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE for 4-H members

AGE RANGE: 3rd-12th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: None

# SpIn: Communication

#### Media 101

(Karyn Leininger-SMU TV, Troy Leininger-KICD Radio, Randy Cauthron-Spencer Daily Reporter)

Do you have the voice for radio, the face for TV or the desire to write & interview? Join SMU TV, KICD, & Spencer Daily Reporter for hands-on opportunities!

#### SMU TV:

- April 30th, 1:00pm-2:30pm. Tour facilities & learn what it is like behind the camera
- TBD, sign up on April 30th, hands on opportunities to interview during Little Tiger Relays on May 20, tape Achievement Fair, Clay County Fair & other shows.

#### KICD:

- April 30th, 3:00pm-4:30pm. Tour facilities—learn from the inside out about being a DJ, a sportscaster or about meteorology.
- TBD, sign up for hand on opportunities to be on the radio, write & record PSA's or broadcast events at Achievement Fair, Clay County Fair or other events.

#### Spencer Daily Reporter:

- June 17th, 11:00am-12:30pm. Tour facilities & learn the ins & outs of a newspaper
- July 1st, 11:00am-2:00pm. Hands-on opportunity to interview area celebrities & design a newspaper.



# Spln: Citizenship & Leadership

#### Youth Council Membership

High school students experience leadership & citizenship opportunities beyond the club level.

REGISTRATION: Due by February 1st, contact the Associate Director of Youth Programming

AGE RANGE: 9th-12th grade

#### 4-H Youth Conference-Ticket to Success

1,000 teenagers converge on ISU for 3 full days of speakers, workshops, mixers, dances, a banquet & community service activities.

TIME: June 24th-June 26th PLACE: ISU Campus, Ames

REGISTRATION: Cost TBA, registrations due May 23rd

AGE RANGE: Completed 8th-12th grade

#### Citizen Washington Focus (CWF) Trip

Summer trip to Washington D.C. with a group of youth from various states. Attend workshops, go on field trips, see historic places, stay at the National 4-H Center. Learn about & practice the importance of good citizenship. Meet with lowa Legislators on Capitol Hill.

TIME: TBA, registration is generally in December for the following summer

PLACE: Washington D.C.

REGISTRATION: Contact Associate Director of Youth Programming

AGE RANGE: 10th-12th grade

#### The Plunge

An overnight trip for area middle school youth. The Plunge uses hands on activities to build friend-ships, grow leadership & team building skills & have fun!

TIME: April 25th-April 26th

PLACE: TBD

REGISTRATION: TBD

AGE RANGE: 6th-8th grade

FOOD: Provided

#### Entrepreneurship Academy (Iowa Lakes Corridor, Clay County Extension)

Learn about invention, business & entrepreneurship. Learn how to start your own business!

TIME: July 7th-11th, 8:30am-3:30pm

PLACE: Iowa Lakes Community College, Spencer

REGISTRATION: \$49 (scholarships available), please contact the Iowa Lakes Corridor

AGE RANGE: 6th-8th grade completed

MIN/MAX CLASS SIZE:

# SpIn: STEM

#### Filmmaking (Eric Meeter—Spencer Municipal Utilities)

Work as a team to create a film from scratch. Create a storyboard, develop the plot, star in the show & learn to edit. Editing software included for first-time participants (\$75 value).

TIME: June 23rd-June 25th, 9:00am-3:30pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE to 4-H members, \$50 to non-members

AGE RANGE: 6th-12th grade FOOD: Please bring a sack lunch MIN/MAX CLASS SIZE: 8

#### Moving, Scanning, Climbing (ISUEO Summer Educator)

Learn robotics technology by utilizing new EV3 robotics kits to build & program for challenges, teamwork, & working hands on with amazing technology!

TIME: July 7th-July 10th, 9:00am-3:30pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE for 4-H members, \$50 for non-members

AGE RANGE: 4th-8th grade FOOD: Please bring a sack lunch MIN/MAX CLASS SIZE: 8-15

#### How Does It Work? (ISUEO Summer Educator)

Hands-on opportunities to build & operate pulleys & levers. Hands on opportunities to build & create machines to problem solve challenges utilizing the new EV3 robotics kits.

TIME: Jul 14th-July17th, 9:00am-3:30pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE for 4-H members, \$50 for non-members

AGE RANGE: 4th-8th grade FOOD: Please bring a sack lunch MIN/MAX CLASS SIZE: 8-15

#### Experience Medicine (Spencer Hospital)

Experience different aspects of the medical world in a hospital setting through discussions with medical professionals, tours & hands-on activities.

TIME: June 16th-June 19th, 1:00pm-4:00pm

PLACE: Spencer Hospital (drop-off at Main Entrance)

REGISTRATION: FREE for all youth

AGE RANGE: 6th-8th grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 6-15

# SpIn: STEM

#### World in Motion-Engineering Inspired by Nature

(Clay County Extension and Outreach)

Investigate methods in which seeds are dispersed in nature through the story *Once Upon a Time in the Woods*. Develop paper helicopters & parachutes, perform variable testing.

TIME: June 9th-June 12th, 8:00am-12:00pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE to all youth AGE RANGE: 2nd-3rd grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 12-20

#### World in Motion-Pinball Challenge

(Clay County Extension and Outreach)

Read Malarky & the Big Trap, design a homemade pinball game, explore the behavior of difference compenents (pinball, ball traps, bumpers), test the launch ramp, learn how to optimize

TIME: June 23rd-June 26th, 8:00am-12:00pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE to all youth AGE RANGE: 2nd-3rd grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 12-28

#### World in Motion-Rolling Things Challenge

(Clay County Extension and Outreach)

Explore the story *The Three Little Pigs' Sledding Adventure*, study toy cars & car performance, investigate effects of ramp heights & car weights, measure & record data.

TIME: June 16th-June 19th, 8:00am-12:00pm

PLACE: 4-H Exhibit Building, Clay County Fairgrounds

REGISTRATION: FREE to all youth

AGE RANGE: K-1st grade

FOOD: No Meal

MIN/MAX CLASS SIZE: 12-24



Thank you to our 4-H Partners for their support!
Clay County Bankers Association
Clay County Cattlemen
Clay County Pork Producers
Maxyield Cooperative

## 2014 T-Shirts

#### New this Year:

2014 Clay County 4-H Spln T-Shirts! Order your Spln Shirt by May 15th! Shirts will be \$15 & will be steel gray. Funds raised from the t-shirts will go towards expenses to keep events at low or no cost to 4-Hers! Clay County 4-Hers should note that this shirt is not intended to be used for exhibiting at the Clay County Fair.



#### Clay County Fair T-Shirts:

These shirts are for exhibiting at the Clay County Fair & many other 4-H events. The cost is \$10 & the t-shirt color is green.



# Recognition

#### Clover Bowl-County Awards Program

Family & friends are invited to celebrate the 2013 accomplishments of Clay County 4-Hers. Clubs compete in the annual Clover Bowl & awards are given in project & recordkeeping. New members are welcome!

TIME: February 10th, 6:00pm-7:30pm

PLACE: Hap Ketelsen Community Center, Everly

REGISTRATION: FREE for 4-H members & their families, please RSVP by February 1st for Club

Points

FOOD: Provided

#### Clay County Scholarships

(Clay County Bankers Association & Clay County Youth Council)
College scholarship applications are available to all active senior Clay County 4-Hers.

GRADES: 12th grade

REGISTRATION: Due February 1st. Contact the Associate Director of Youth Programming for

information.

#### State 4-H Scholarships

\$500 to full tuition scholarships are available to high school seniors & former 4-Hers. Applications are due by March 1st.

GRADES: 12th grade-college student

REGISTRATION: Due March 1st. Contact the Associate Director of Youth Programming for

information.





Want to become a volunteer? Talk to us about what's involved. 712-262-2264.

# Important Due Dates

Market Beef Verified / ID Due February 1

Membership due for \$35 price Anytime

Project areas chosen on 4hOnline May 15

Prospect Calf, Breeding Heifer, Dog and

Horse—ID's due and verified in 4-H Online May 15

Swine, Sheep and Meat Goat—ID's due

and verified in 4-H Online June 15

Jr and Sr Rabbit ID's due July 1

Fair Entries Due—set by club

Late July

Record Books Due for 2014 Projects December 1, 2014

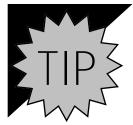






Are you from another county's 4-H program? Any program that states "free for all youth" or "free for 4-H members" is open to you too! You're welcome to join us!

# Showing Livestock FAQ



The Clay County 4-H Fair Book is the go-to guide for all things related to showing 4-H livestock and other 4-H projects at the Clay County Fair. You can get a copy on our website or from the Clay County Extension Office.

To Exhibit at Clay County Fair in 4-H shows or any other fair you...

- •Must be signed up in that project area on 4-H Online before May 15.
- •Must weigh/tag/tattoo market animals in spring/early summer at county sponsored weigh-ins, except market beef, which is in December. See Weigh-in dates pg 23.
- •Must identify all animals (market and breeding) by specific county deadlines. See ID deadlines pg 23.
- •Must fill out entry cards and pay entry fees by August 1.
- •Must follow guidelines for each specific specie. (see Fair Book)
- •MUST take FSQA training if showing animals that <u>could</u> enter the food source (meat goat, poultry, rabbit, beef, swine, sheep). Dates this year are April 27th from 4:00pm-6:00pm in Royal & June 9th from 6:00pm-8:00pm in Spencer.

Find more information about the Clay County Fair on their website www.claycountyfair.com.

Find more information about 4-H Fair-related activities on the website www.extension.iastate.edu/clay.



The Clay County Fair is a big part of our 4-H program, offering a showcase opportunity for 700 4-Hers from 38 counties. Clay County 4-Hers who exhibit at the fair are eligible to receive a 4-H Exhibitor Fair Pass at no charge. 4-Hers can exhibit in livestock, static (art, woodworking & more) or communications.

# In-School Programming

"Clover Kids" activities are for youth grades K-3. Several activities in the SpIn Book are for youth in K-3.

The Clover Kids program is run in partnership with the Spencer Community Schools on the early-out days at the Johnson & Fairview Schools. For more information please contact Jean Johnson at 262-2264. This is a free program & is limited to 60 youth. Kits may be available to those interested in starting a Clover Kid aged club!



Ricochet is school based leadership program for 7th-8th graders. Check out the SpIn Book for additional Middle School leadership opportunities.

The Ricochet program is run in partnership with the CC-E School District. If you want to learn more about leadership, contact the Clay County Extension Office at 262-2264.





We are in need of more volunteers for our In-School Programming! If you are interested in volunteering with one of our In-School Programs, please fill out the volunteer form included in this book.

#### Achievement & Communications Fair

Combined this year

TIME: July 22, 2014

PLACE: 4-H Exhibit Building & Auditorium, Clay County Fairgrounds REGISTRATION: 4-H Members \$0, Non-Members N/A

#### What is Clay County Achievement Fair?

Clay County Achievement Fair is a fair for static (human sciences) exhibits. Achievement Fair gives 4 -Hers a chance to have their project exhibit work judged. This allows 4-Hers an opportunity to visit with a judge about each project exhibit.

#### Why Achievement Fair?

Because the Clay County Fair is held when 4-Hers are in school, Achievement Fair provides an opportunity for 4-Hers to bring their exhibits to be conference judged. Achievement Fair also allows exhibits to be chosen for exhibition at the Iowa State Fair.

#### Who Participates in Achievement Fair?

All 4-Hers who exhibit in Ag & Natural Resources; Creative Arts; Family & Consumer Sciences; Personal Development; Science, Technology, Engineering & Math; & Pets may participate in Achievement Fair. 4-Hers may bring more than one exhibit for each project area but the exhibits must show different techniques or have different goals.

#### What is Clay County Communications Fair?

Clay County Communications Fair is a fair for the Communications & Clothing project areas. Communications Fair gives 4-Hers an opportunity to have their Communications & Clothing project exhibits judged. "Communications" is sharing your knowledge or talent by talking, performing, creating or showing. The Clothing Project area is sewing a garment, choosing a purchased outfit or finding that perfect outfit for \$15 or less from a consignment store, etc.

#### Why Communications Fair?

Since the Clay County Fair is held when 4-Hers are in school, Communications Fair provides an opportunity for 4-Hers to be chosen to participate at the District level during the Clay County Fair. Communications Fair also allows 4-Hers to be chosen to participate at the Iowa State Fair.

#### Who Participates in Communications Fair?

A communications exhibit can be created from any project area—so ALL 4-Hers can present at Communications Fair. Talk about your livestock, present about your woodworking project or share how to scrapbook. A clothing exhibit can also be accomplished by any 4-Her who is interested in sewing or in purchasing that perfect outfit.



Check out the 2014 Clay County Fair Book for rules & more information (available early 2014)!

## Communications Events

#### **Educational Presentation**

Sharing information with the audience about yourself or about something you know well.

#### Working Exhibit

Teaching a skill or craft step by step to an audience.

#### Pride of Iowa—Team Demonstration

Demonstrating as a team how to complete a simple recipe that includes at least one lowa ingredient.

#### Share the Fun

Having fun sharing a performance with an audience.

#### Extemporaneous Speaking

Giving a speech on a surprise topic given to you at the competition.

#### Clothing Selection

Selecting and purchasing clothing items that represent an intended use. 4-Hers will participate in a style show.

#### **Fashion Revue**

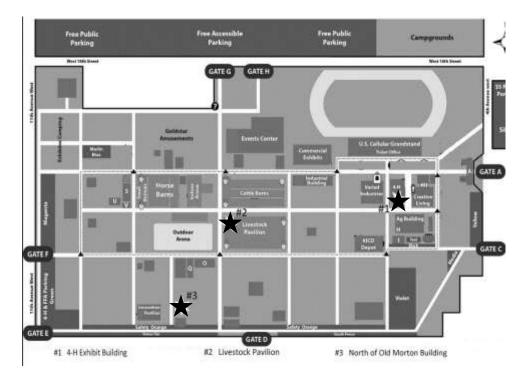
Constructing a garment and participating in a style show. MUST be enrolled in "Clothing" Project Area.

#### \$15 Challenge

Choosing and buying an outfit at a garage sale or thrift store for \$15 or less. 4-Hers will participate in a style show.

If you have any questions about Communication Events, please contact our office at 262-2264

# Helpful Hints



- The map above has stars at the three locations that most SpIn Events are held at the Clay County Fairgrounds.
- Many Clay County 4-H Spln events fill up as early as February, so reserve your space right away! Priority is given to Clay County 4-H members for events.
- Be sure that you are signed up for all project areas you're interested in on 4-H Online, that is how we know to tell you about new events & opportunities!
- Do you need to cancel your spot for an event? Please let us know as soon as possible, since a lot of events have a waiting list!
- Wondering what the "age range" section refers to? That refers to your grade as of January 2014!

# January 2014

Sun Mon Tue Wed Thu Fri Sat

			1	2	3	4
5	6	7	8	9	10	11 4-H Find Out Day
12	13	14	15	16	17	18 Regional Beef Bonanza
19	20	21	22	23	24	25
26	27	28	29 Clover Kids	30	31	

January Notes:

# February 2014

Sun Mon Tue Wed Thu Fri Sat

						1
2	3	4	5	6	7	8 SESS Kickoff Winter Outdoor Adventures
9	10	11	12	13	14	15
16	17 #Feedthe9 Canine Good Citizen	18	19	20 Jewelry Making/ Gemstones 101	21	22 Winter Outdoor Adventures
23	24 Canine Good Citizen	25	26	27	28	

February Notes:

February 1st-Market Beef ID's due & verified in 4-H Online

# March 2014

#### Sun Mon Tue Wed Thu Fri Sat

						1
						1
2	3	4	5	6	7	8
	Canine Good					Family Fest
	Citizen					
9	10	11	12	13	14	15
	Canine Good					
	Citizen					
16	17	18	19	20	21	22
10	Canine Good	"Lost Arts"	17	20	21	22
	Citizen	LOSI AITS				
	Oluzon					
23	24	25	26	27	28	29
	Canine Good	Bogenrief				
	Citizen					
30	31					
	Canine Good					
	Citizen					
		1	1	1		

March Notes:

# April 2014

Sun Mon Tue Wed Thu Fri Sat

		1	2	3	4	5 Get Your Goat On
6	7 Canine Good Citizen	8 "Lost Arts"	9	10	11	12 Bunny Bonanza
13	14	15	16	17 Bogenrief	18	19
20	21	22 What's Cookin'?	23	24	25	26
27 FSQA	28	29	30 Bogenrief Media 101			

April Notes:

# May 2014

Sun Mon Tue Wed Thu Fri Sat

				1	2 Garage Sale Pickers	3 Garage Sale Pickers
4 Dog Meeting	5 Comedy Improv	6 "Lost Arts"	7	8 What's Cookin'?	9	10
11	12 Comedy Improv	13	14	15 Camping Accepted	16	17
18	19 Comedy Improv	20	21	22	23	24
25	26	27	28	29 Livestock Clinic	30	31

#### May Notes:

May 15th-Project Areas Due in 4-H Online. Prospect Calf, Breeding Heifer, Dog & Horse ID'd in 4-H Online

# Calendar June 2014

Sun Mon Tue Wed Thu Fri Sat

1	2 Dog Obedience	3	4	5 Dog Obedience	6	7
	Swine Weigh In/ Nutrition			Sheep Weigh In/Care Event Goat Weigh In		
8	9 Dog Obedience FSQA Picture This Inspired by Nature	10 Picture This Inspired by Nature	11 Picture This Inspired by Nature	Dog Obedience Inspired by Nature	13	14
15	16 Dog Obedience Rolling Things Exp Medicine	17 Media 101 Rolling Things Exp Medicine	18 Rolling Things Exp Medicine	19 Dog Obedience Rolling Things Nature/Wildlife Exp Medicine	20	21
22	Dog Obedience Pinball Challenge Filmmaking Take a Bow Wow	24 Pinball Challenge Filmmaking Bunny Basics	25 Pinball Challenge Filmmaking What's Cookin"?	26 Dog Obedience Nature/Wildlife Pinball Challenge	27	28
29	30 Dog Obedience Take a Bow Wow Wind Energy					

#### June Notes:

June 15th- Swine, Sheep & Meat Goat ID'd & verified in 4-H Online

# July 2014

Sun Mon Tue Wed Thu Fri Sat

		1 Media 101 Wind Energy	2 Wind Energy	3 Dog Obedience Nature/Wildlife	4	5
6	7 Dog Obedience Take a Bow Wow Robotics Ent Academy	8 Robotics Ent Academy	9 Robotics Ent Academy	10 Dog Obedience Robotics Ent Academy	11 Ent Academy	12
13	14 Dog Obedience Take a Bow Wow Engineering Exp. Spencer	15 Engineering Exp. Spencer	16 Engineering Exp. Spencer	17 Dog Obedience Engineering Exp. Spencer Saying It Just Right	18	19
20	21 Dog Obedience	22	23	24 Dog Obedience	25	26
27	28 Dog Obedience Vet Science I	29 Vet Science II	30 Vet Science II	31 Dog Obedience		

July Notes:

July 1st-Jr & Rabbit ID'd & verified in 4-H Online

# August 2014

Sun Mon Tue Wed Thu Fri Sat

					1	2
3	4 Dog Obedience	5	6	7 Dog Obedience	8	9
10	11 Dog Obedience	12	13	14 Dog Obedience	15	16
17 Bunny-Luck Cookout	18 Dog Obedience	19	20	21 Dog Obedience	22	23
24	25 Dog Obedience	26	27	28 Dog Obedience Hot "Dog" Night	29	30
31						

August Notes:

# Calendar September 2014

Sun Mon Tue Wed Thu Fri Sat

	1	2	3	4	5	6 Clay Co Fair
7 Clay Co Fair	8 Clay Co Fair	9 Clay Co Fair	10 Clay Co Fair	11 Clay Co Fair	12 Clay Co Fair	13 Clay Co Fair
14 Clay Co Fair	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

September Notes:

# October 2014

#### Sun Mon Tue Wed Thu Fri Sat

			1	2	3	4
5	6 National 4-H Week	7 National 4-H Week	8 National 4-H Week	9 National 4-H Week	10 National 4-H Week	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

October Notes:

# November 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

November Notes:

Make sure to attend 4-H Club Meetings

# December 2014

Sun Mon Tue Wed Thu Fri Sat

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

#### **December Notes:**

December 1st-Recordbooks due to Extension Office

# Volunteer Opportunities

Are you interested in volunteering? Return this form to the Clay County Extension Office, we are always looking for new volunteers or partners!

#### Clover Kids Volunteers

Volunteers and/or facilitators for the K-1st grade or 2nd-3rd grade class at the Spencer Schools held on early out days 12:30-3:30. We also have requests for "club" versions of this program which would use the same agendas and kits to meet monthly as a club for those who don't participate in the early-out format.

#### Committee Members

We are looking for individuals who would like to mentor youth and encourage them in growing project areas such as Creative Arts (includes photography, music, visual arts), ANR (includes ag, horticulture, outdoor adventures), STEM (includes physical science, engineering, computer science, technology), and Family and Consumer Science (includes health, sewing, childcare, financial management). Committees plan and coordinate showcasing events (like fair events), judge record books, and plan and facilitate SpIn events in those project areas.

#### Club Leaders

Being a club leader can be lots of fun! Whether you're a parent of a 4-Her or a caring adult with a desire to share values and skills in citizenship, leadership and communication with youth, becoming a 4-H club leader is a great volunteer opportunity. In order to sustain the number of kids we have enrolled, we need a diverse group of caring mentors! You can be an organizational club leader (who leads both kids and organizes adult helpers and deals with club administration), a club leader (who isn't the main administer of the club) or an activity helper (who comes to meetings and helps the kids with projects or activities).

#### Volunteers for Middle School

A need that's been identified by our partners in the community is more programming for middle school students who aren't already plugged in to an assortment of activities. Youth in this age bracket have a variety of interests and we'd love to bring some after school clubs or other events to them so they can explore their interests and skills and strengths. If you would be willing to mentor middle school aged youth, please contact our office.

If you have any questions about these, or ANY volunteer opportunities, please contact our office at 262-2264.

# Have you attended any of our adult programming events?

These are just some of the programs we will offer for adults in 2014 at the Clay County Extension Office!

#### Thursday Wellness Lunch & Learns (Katie Knobbe)

A series of 1 hour learning sessions (12:00pm-1:00pm) with the following dates & topics: Healthy in a Hurry (3/20), Spend Smart Eat Smart (4/24), Just a Bite (5/22), Dining Out (6/26), My Plate (7/17), Portion Distortion (10/23), Healthier Aisle by Aisle (11/13). Minimum attendance 6, please bring a lunch.

#### Preserve the Taste of Summer (Katie Knobbe)

Learn how to safely preserve foods through a method specific online-lesson & general overview online lessons.

#### Powerful Tools for Caregivers (Mackenzie Johnson)

A series of classes designed to empower family caregivers of older adults to take better care of themselves. April 3rd-May 8th on Thursday evenings, please call for more information.

#### Money Talk (Jan Monahan)

A five-week course for women of all ages. It will help you learn to take charge of your money. February 6th-March 6th on Thursdays 5:30pm-7:30pm. \$25 fee includes a book.

#### Smart Choices (Jan Monahan)

Beginning in February: Wondering what the changes in health insurance mean for you? These free workshops will deal with what the changes mean for you. February 18th, 5:30pm at the Clay County Extension Office. Free, minimum attendance 10.

#### More Month Than Money (Jan Monahan)

Beginning in March: Do you have more month when your money runs out? Learn how to make a spending plan to help you spend wisely and stretch your dollars. Tuesday, March 18th at 5:30 & Thursday November 6th at 5:30. Free, located at Clay County Extension Office.

Call the Clay County Extension Office at 712-262-2264 for more information about these programs.

# Donate Now!

YES! I want to help the Clay County 4-H Endowment support quality educational programs that help Clay County Youth "make the best better"!

Every year, Clay County 4-H and its Partners work together to provide over 500 hours of education for youth in and around Clay County. Volunteers, staff, local businesses and organizations work to help youth discover their passion, find their talents and improve skills that will shape them as the leaders of tomorrow.

Name			
Address			
City	State _	Zip	
County			
Home Phone			
E-mail			
4-H Alumni (City/State)			
4-H Club Name			
Years involved (Dates)			
🗱 Gift Amount			
I wish to make an/a:			
Outright gift of \$			
Pledge of \$	ar	nually for	years
🏶 Gift is a Tribute	)		
in memory of:			
in honor of:			

**f you'd like to support local 4**-H programs, please send this information and your donation to: Clay County 4-H Endowment, 110 West 4th Street Suite 100, Spencer, IA 51301

# IOWA STATE UNIVERSITY Extension and Outreach

Clay County Extension Office 110 West 4th Street Suite 100 Spencer, IA 51301

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