

Cookbooks

The Coming to America Cookbook by Joan D'Amico and Karen Eich Drummond. (Jossey-Bass, 2005. Paperback.)

With over 50 scrumptious and healthful dishes, this cookbook explores a variety of cuisines including Mexican, Irish, Chinese, Moroccan, Turkish, and many more.

Cooking the East African Way by Bertha Vining Montgomery. (Lerner, 2002. Hardcover.)

Revised and expanded to include new low-fat and vegetarian recipes. Describes social life, customs, and many recipes.

Cooking the Mexican Way by Rosa Coronado. (Lerner, 2002. Hardcover.)

Revised and expanded to include new low-fat and vegetarian recipes. Includes breakfast, dinner, snacks, holiday, and festival foods.

Food and Recipes of Mexico by Theresa Beatty. (PowerKids Press, 1999. Hardcover.)

Describes some of the foods that are eaten in Mexico and includes recipes for several popular dishes.

The International Cookbook for Kids by Matthew Locricchio. (Marshall Cavendish Children's Books, 2004. Hardcover.)

With over 50 classic recipes from places including Italy, France, and China, this cookbook also includes facts about the history of certain foods.

* *Kids Around the World Cook! The Best Foods and Recipes from Many Lands* by Arlette Braman. (John Wiley and Sons, 2000. Hardcover.)

Get ready to go on a taste-bud-tingling tour to lands far and near with a fun assortment of trivia and lots of safe and easy-to-make recipes.

The Kids' Multicultural Cookbook. Food and Fun around the World by Deanna F. Cook. (Williamson Publishing Co., 1995. Paperback.)

Recipes are divided by continents including Asia, Europe, Africa, and the middle East, the Americas, and South Pacific.

* *The Multicultural Cookbook for Students* by Carole Lisa Albyn and Lois Sinaiko Webb. (The Oryx Press, 1993. Hardcover.)

This book presents a collection of recipes from over 120 countries and briefly discusses the culture and culinary habits of each country.

* *Multicultural Meals* by Bobbie Kalman. (Crabtree, 2004. Hardcover.)

Fourteen easy-to-follow recipes with an emphasis on education about different cultures and their foods. Includes information on basic nutrition, cooking terms, safety, and the spices and staple foods of different cuisines including French, Mediterranean, Greek, Italian, Chinese, Thai, Japanese, Mexican, and Colombian.

Multicultural Snacks by Susan Hodges. (Warren Publishing House, 1995. Hardcover.)

A unique recipe book designed to help children discover similarities and differences in foods and cultures. Each chapter features a different type of common food and provides examples of how it is prepared in different cultures.

Passport on a Plate: A Round-the World Cookbook for Children by Diane Simone Vessa. (Simon & Schuster, 1997. Hardcover.)

Describes the culinary styles of twelve regions around the world and provides recipes for each, including Africa, the Caribbean, and China.

The People of Mexico and Their Food, The people of Africa and Their Food, The People of Russia and Their Food, and The People of China and Their Food by Ann L. Burckhardt. (Capstone Press, 1996. Hardcover.)

This excellent series combines fascinating facts about each country, maps, how they shop, celebrations, kitchen safety, and recipes. Use the easy-to-understand recipes that help young cooks make ethnic food at home or at school.

* recommended books to read

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* *Travel-the-world Cookbook* by Pamela Marx.
(Good Year Books, 1996. Paperback.)

This cookbook is organized by continents. Each recipe includes information on kitchen tools needed, ingredients, directions for food preparation, an interesting food fact as well as a cultural fact, and activity related to the continent.

The Usborne Little Children's Cookbook by Rebecca Gilpin. (Usborne Books, 2006. Hardcover.)

This book includes over 50 simple recipes that anyone can cook including soups, breads, salads, pasta, and cakes.

* *The Usborne Little Round the World Cookbook: Internet Linked (Children's World Cookbook II)* by Angela Wilkes and Fiona Watt. (Usborne Books, 2004. Hardcover.)

This book includes more than forty simple, delicious recipes from around the world. There's lots of information on what is traditionally eaten in different countries and the ingredients that are used. It includes great photos.

The Young Chef's Chinese Cookbook by Frances Lee. (Crabtree, 2001. Hardcover.)

Step-by-step easy directions for 15 common Chinese dishes.

The Young Chef's Mexican Cookbook by Karen Ward. (Crabtree, 2001. Hardcover.)

Easy-to-follow recipes featuring 15 favorite Mexican dishes.

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