With over 50 scrumptious and healthful dishes, this cookbook explores a variety of cuisines including Mexican, Irish, Chinese, Moroccan, Turkish, and many more.

Revised and expanded to include new low-fat ad vegetarian recipes. Describes social life, customs, and many recipes.

Cooking the Mexican Way by Rosa Coronado. (Lerner, 2002. Hardcover.)
Revised and expanded to include new low-fat and vegetarian recipes. Includes breakfast, dinner, snacks, holiday, and festival foods.

Food and Recipes of Mexico by Theresa Beatty. (PowerKids Press, 1999. Hardcover.)
Describes some of the foods that are eaten in Mexico and includes recipes for several popular dishes.

With over 50 classic recipes from places including Italy, France, and China, this cookbook also includes facts about the history of certain foods.

Get ready to go on a taste-bud-tingling tour to lands far and near with a fun assortment of trivia and lots of safe and easy-to-make recipes.

Recipes are divided by continents including Asia, Europe, Africa, and the middle East, the Americas, and South Pacific.

This book presents a collection of recipes from over 120 countries and briefly discusses the culture and culinary habits of each country.

Fourteen easy-to-follow recipes with an emphasis on education about different cultures and their foods. Includes information on basic nutrition, cooking terms, safety, and the spices and staple foods of different cuisines including French, Mediterranean, Greek, Italian, Chinese, Thai, Japanese, Mexican, and Colombian.

A unique recipe book designed to help children discover similarities and differences in foods and cultures. Each chapter features a different type of common food and provides examples of how it is prepared in different cultures.

Describes the culinary styles of twelve regions around the world and provides recipes for each, including Africa, the Caribbean, and China.

This excellent series combines fascinating facts about each country, maps, how they shop, celebrations, kitchen safety, and recipes. Use the easy-to-understand recipes that help young cooks make ethnic food at home or at school.

* recommended books to read
Cookbooks

* **Travel-the-world Cookbook** by Pamela Marx. (Good Year Books, 1996. Paperback.)
This cookbook is organized by continents. Each recipe includes information on kitchen tools needed, ingredients, directions for food preparation, an interesting food fact as well as a cultural fact, and activity related to the continent.

**The Usborne Little Children’s Cookbook** by Rebecca Gilpin. (Usborne Books, 2006. Hardcover.)
This book includes over 50 simple recipes that anyone can cook including soups, breads, salads, pasta, and cakes.

This book includes more than forty simple, delicious recipes from around the world. There’s lots of information on what is traditionally eaten in different countries and the ingredients that are used. It includes great photos.

**The Young Chef’s Chinese Cookbook** by Frances Lee. (Crabtree, 2001. Hardcover.)
Step-by-step easy directions for 15 common Chinese dishes.

Easy-to-follow recipes featuring 15 favorite Mexican dishes.

* recommended books to read