

# Other Activities

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## Unit 6 - Japan and Meat & Beans

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### Physical Activity

A game American children are familiar with is Red Light, Green Light. Japanese children play a version of this game called Dahrumasan ga Koronda.

- To start the game, one person is chosen as the Oni or “little elf.” Before play begins, a starting line is drawn and the Oni stands a distance away from the starting line.
- The person who is the Oni faces away from the other players with his eyes shut. The Oni says “Daruma san ga koronda,” and then turns around opening his eyes. During the time the Oni is saying the phrase, the other players move closer to him. Just before the Oni turns around and opens his eyes, the players must stop moving.
- If the Oni sees a player moving, that player must hold hands with the Oni.
- If a player successfully reaches the Oni without getting caught, he or she slaps the Oni on the back, and then everyone except the Oni runs away. However, if the Oni is holding hands with one or more captured players, the attacker tries to break their hands apart with the side of his hand. Then everyone except the Oni runs away.
- When the Oni shouts “Tomare!” (“Stop!”), everybody must freeze.
- If the Oni tags one of them by taking no more than three steps, the two switch places.

### Culture

Create a bingo game with countries and foods. Using a ruler, mark a plain sheet of paper with a 4-by-4 grid. This will be your bingo game card. Ask the youth to cut out food pictures or write the following foods in different squares for each county. Mexico: taco, burrito, tamale, tortilla, empanadas, arroz con pollo; Russia: beets, turnips, cabbage, sweet potato, white potato, latkes, borscht; Kenya: bananas, papaya, mango, apricots, pineapple, peanuts, coconut; Greece: yogurt cheese, feta cheese, hummus, moussaka, spanakopita, yogurt, cucumber salad; Japan: sukiyaki, sushi, stir fry, tofu, teriyaki, rice noodles, egg rolls. Select 16 of the pictures or food words and glue them in any order in the 16 drawn squares. Every bingo card should have different pictures/words in a different order to make the game fun! To play the game, the “caller” will mix up a complete set of the Foods of the World pictures that are upside down or in a hat. Distribute dried beans to each youth. The caller pulls out a picture and calls it out. The youth will place a dried bean marker on that picture if it is on their card. The first person that gets four beans in a row calls out Bingo!

