

# Other Activities

---

## Unit 4 - Kenya and Fruits

---

### Reading

Write poems or descriptors in the shape of a fruit. Color it in to give the fruit color.

### Nutrition

Grow a pineapple plant from the top of a pineapple fruit. Cut the leafy top off the pineapple, making sure to include about 1 inch of pineapple top. Allow the top to dry out for one to three weeks. Plant it in a pot filled with soil-less potting mix. Water thoroughly and place in a sunny location. The top will root itself and grow into a pineapple plant.

Make a poster advertising the benefits of fruit for healthy living. Share the advertisement with the group.

### Culture

Grow a mango. Remove the seed from inside a mango. The seed is enclosed in a thick covering or husk. Scrub the husk to remove as much of the orange fruit as possible. Let the husk dry overnight. Clip off the tip ends of the husk. Pry open the husk like an envelope. There is a big, beige seed inside that looks like a large, flat bean. Take out the seed and soak it overnight in water. Plant the seed lying flat in a soil-less mix in a pot. Cover the seed with  $\frac{1}{2}$  inch of mix. Water thoroughly and place in a warm, sunny spot. In about three weeks, shiny red leaves will appear as the seed grows into a pretty houseplant.

