THE SEED CYCLE
Tune: The Farmer in the Dell

1. The farmer sows his seeds... Heigh Ho!
   The Derry O! The farmer sows his seeds.
   (Seeds curl up on the ground)
2. The wind begins to blow...
   (Wind players run about waving arms)
3. The rain begins to fall...
   (Rain players run about, fingers hanging down to indicate raindrops)
4. The sun begins to shine...
   (Sun players walk slowly, arms in circle above head)
5. The seeds begin to grow...
   (Seed players slowly rise, becoming grain)
6. The farmer cuts his grain...
   (Action as with scythe; grain falls to ground)
7. The farmer binds his sheaves...
   (Farmer touches three at a time, who stand back to back)
8. And now the harvest's in...
   (All skip around sheaves, hands joined)

Formation: Before song is begun, divide group into seeds, wind, rain, suns, and one farmer. Form large circle. Inside circle are seeds and farmer.

Action: Each group pantomimes words of song and returns to place except seeds who always remain in center.

Suggestion: Simplify by having all children pantomime all parts.