

Super Secret Sprouts

materials:

pint-sized freezer ziplock bag

yarn

bean seeds

Bounty paper towel

scissors, paper punch

optional: permanent markers, stickers for decorating bag

1. Cut 4 thicknesses of paper towel to fit inside of bag; wet towel with water.
2. Insert towel into bag; place seeds on top of towel. Zip bag closed.
3. Tie yarn to bag (through paper-punch holes.)
4. Wear seed bag next to your body; heat from your body will cause seeds to germinate.
5. After the seeds sprout, they can be planted in dirt.

