WATERMELON SLUSH

SERVINGS: 6
PREPARATION TIME: 10-15 MINUTES

Watermelon is so refreshing and packed with hydrating water. In fact, watermelon is 98% water which makes it a great snack to replenish your body during the hot months. Sometimes I like to pour a glass of this slush and top it off with seltzer or sparkling water to give a little fizz to my beverage. Make sure to purchase a seedless watermelon to make prep super fast!

DIRECTIONS:
Combine all ingredients in a blender and blend until smooth. Serve immediately.

Submitted By: Elisabeth, 19, Linden, California. 2019 4-H Youth in Action Healthy Living Pillar Winner, Linden-Peters 4-H Club.

1 pint strawberries, crowns removed and sliced
2 cups seedless watermelon, cubed
½ cup sugar
2 cups ice
½ cup lemon juice