



Trail Mix Recipe

Supplies

These simple supplies are all you'll need for this activity:

- Small pretzels
- Almonds (or an allergy-free replacement)
- Candy-covered chocolates
- Dried cranberries
- Resealable gallon-size plastic storage bag
- Bowl
- Spoon
- Measuring cups for dry ingredients
- Recipe and instructions

Optional Ingredients

- Gummy candies
- Granola (or an allergy-free replacement)
- Fruit snacks
- Roasted corn kernels
- Dried bananas
- Raisins
- Peanut butter chips (or an allergy-free replacement)
- Cheese crackers
- Oat ring cereal

Note: If you or someone else you may share this activity with has a nut allergy, replace the almonds, granola, and peanut butter chips with an allergy-friendly snacks of your choice! Ideas include sunflower seeds, pumpkin seeds, and nut-free granola, but get creative and enjoy your allergen-free snack.

